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# National Resource Center for Safe Aging

[www.safeaging.org](http://www.safeaging.org)

## Podcast Topic: Motor Vehicle Safety and Older Drivers

Guest: Colleen Campbell, Senior Injury Prevention Project (SIPP) Coordinator, Alameda County Public Health Department. (Please see pg.2 for a more detailed biography)

Questions addressed in this Podcast:

1. Compared with other drivers, older drivers have a higher fatality rate per mile driven than any other age group except drivers under the age of 25. What are some of the reasons for this?
2. What are some of the factors that put older drivers at risk for injury when they are driving?
3. Is there anything physicians and family members do to help older drivers modify or discontinue their driving?
4. Are there ways to help older adults stay safe on the road if they do continue to drive?
5. What can city and state transportation planners do to help make roads safer for older drivers?
6. What resources are available to older drivers and their families?

### Resources

Senior Injury Prevention Project (SIPP) of Alameda County:

<http://www.ebdir.net/sipp/>

American Society on Aging – DriveWell Program:

<http://www.asaging.org/drivewell>

AAA Roadwise Review:

<http://www.aaaexchange.com/Main/Default.asp?CategoryID=3&SubCategoryID=38&ContentID=315&SearchString=roadwise+review>

AAA Safe Driving for Mature Operators Program:

<http://www.aaaexchange.com/Main/Default.asp?SectionID=&SubCategoryID=6&CategoryID=3&ContentID=107&>

NHTSA Older Road Users Website:

<http://www.nhtsa.dot.gov/people/injury/olddrive/>

NHTSA, U.S. Department of Transportation - Am I a Safe Driver?:

[http://www.ama-assn.org/ama1/pub/upload/mm/433/am\\_i\\_a\\_safe\\_driver.pdf](http://www.ama-assn.org/ama1/pub/upload/mm/433/am_i_a_safe_driver.pdf)

American Academy of Family Physicians - Decisions About Driving:

<https://secure.aafp.org/catalog/viewItem.do?number=978>

**Colleen Campbell**

Senior Injury Prevention Program Coordinator  
Alameda County Public Health Department

Colleen is the Senior Injury Prevention Coordinator for the Alameda County Public Health Department. She has a 10-year history of working in the field of Injury Prevention, which started when she was a founding member of the Oakland Pedestrian Safety Project in 1996. Colleen participated in the Statewide Blueprint for Falls Prevention Conference and was a key player in the Statewide EMS Injury Prevention Vision Planning Committee to established the future goals of Injury Prevention within Emergency Medical Services.

She is currently a member and working group leader in the California Stop Falls Network, a member of the Department of Health Services' injury prevention planning group, SAFE California and a local expert for the ASA/NHTSA DriveWell program.

As part of the educational component of older adult injury prevention in Alameda County, Colleen has trained additional Public Health SIPP staff to conduct Driving Safety and Falls Prevention Discussion Groups. To date, these discussion groups have included over 5000 community dwelling older adults in Alameda County. Colleen provides on-going fall prevention training sessions for staff at skilled nursing facilities, residential facilities, and board and care homes. She is also a consistent guest speaker at training sessions for student nurses.

Over the past two years Colleen has conducted numerous DriveWell training events for senior service providers throughout the Bay Area. She has conducted falls prevention trainings for staff in San Mateo, Sonoma, Santa Clara, Shasta, and Nevada Counties. In 2006, at the request of the Alaska Department of Public Health she assisted the Alaskan Native Tribal Health Consortium in the development of their first Fall Prevention program.